

HOPE HAVEN NEWS

WINTER HORIZONS 2024

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THREE-YEAR STRATEGIC PLAN FOR HOPE HAVEN

Hope Haven partnered with Parlay Consulting Firm in creating an innovative and actionable three-year strategic plan. The team met virtually for multiple sessions. The sessions included acknowledgment of organizational history and successes, discussion of the current reality (i.e., strengths and weaknesses), development of a three-year practical vision, group consensus-building on the strategic directions, developing three-year goal strategies, setting annual goals, and a one-year implementation plan.

ADVANCE TECHNOLOGY

One of the strategic directions to boost service impact is to advance technology. The team researched companies specializing in technology options and services to improve independence living for people with disabilities or those who prefer to age in place.

Currently, Hope Haven has six homes that use remote technology supports during the overnight hours. Nine homes use panic buttons to assure staff feel safe and supported while working in the homes and in the community. We continue to utilize med dispensers for some individuals that need reminders to take their medications. We also have ring doorbell products, heat sensors/stove sensors, seizure sensors, along with window and door alarms to ensure safety.

Hope Haven recently bought three lots in Spencer, Sioux Center, and Estherville to replace the older, non-accessible homes. We are also remodeling a home in Hull. The goal is to make these homes smart homes, so we're collecting information from the residents about the technology that would be beneficial for them. The homes will be accessible, ranch-style homes to better support people living there along with allowing people to remain in their homes and age in place as long as they can.

In order to meet a person's health, safety, and other needs, the State of Iowa is also implementing remote support as a service delivery option through Home Based Habilitation and Supported Community Living. This is only the case if the person's support plan identifies remote support as a preferred method of service delivery that meets their needs. These supports will provide a realistic, non-invasive way for people to build skills and familiarity in the level of independence with a sense of security.



THREE-YEAR STRATEGIC PLAN (CONTINUED)



"We are thrilled about the potential this opportunity holds for the people we serve at Hope Haven! With enabling technology, people can feel more safe and at ease at home," says LeAnn Blau, Director of Community Living Services. Hope Haven partnered with Awake Labs in a 2-year pilot project beginning of November 2023. We will have ten people using the wearables that monitor their stress levels through various vital signs. This information is delivered to another device monitored by staff so they are aware of the heightened emotions. Staff are able to connect with the person served and can help them be self-aware and utilize personal coping strategies. We will also have access to a dashboard, so we can track trends and implement changes based on these trends. The goal is to raise their self-awareness, reduce behaviors, and improve quality of life.

Hope Haven is partnering with Technology First Shift in early 2024, enabling five Hope Haven staff to access the curriculum and be certified as technology integration specialists. There are many exciting opportunities on the horizon for individuals receiving support from Hope Haven that will empower independence, support self-determination, and enhance their quality of life.

NEW MEANS OF COMMUNICATION

Another strategic direction to boost service impact is a new means of communication with staff and those we serve at Hope Haven. This strategy plan is to create and implement an engaging feedback process to give voice and choice to those we support. A team worked together to find the right tool that would bring the individuals hopes, dreams, and aspirations alive. A template called "My Personal Centered Plan" was discovered by the team to utilize graphics, personal pictures, and concise language to give voice to those that have difficulty communicating their needs.

The 22-page document list detailed questions about their likes/dislikes, important people, favorite activities, health, values, community, safety, proud moments, future dreams, and goals. Family, friends, caregiver, or supporters fill out the document with the most accurate information about their loved ones. Each person has a copy of the document on file so staff can learn more about them, their background, and their interests in order to foster positive relationship.



My Person-Centered Plan

Brian Springman

I am Brian Springman! I live in my own home with 3 other people. I have great supports in my life to help me maintain my independence. I enjoy food, Disney World, watching church/sports on TV and my iPad. My family is also very important to me. I am told I am a funny guy with a great sense of humor.



GIVING TUESDAY | NOVEMBER 28

Hope Haven exceeded the goal of raising \$3,700 plus a matching gift of \$2,500 for the My Day program to purchase 10 iPads with Proloquo2Go software! This software will empower individuals with communication disabilities by giving them the tools they need to discover their voice and reach their full potential through learning and communication.



"We are so thankful for the Giving Tuesday donations. The iPads and the software will be a great tool for our non-speaking individuals to learn, provide grammar support/language development, and effective communication with core words to express themselves. This resource will greatly improve the quality of life for those non-verbal to have a voice of communication," says Carla Kieft, Director of Day Habilitation Services.



HOPE HAVEN INTERNATIONAL MINISTRIES (HHIM)



There's something so beautiful about being part of a life-changing experience, whether it's giving a gift, volunteering, or going on a distribution trip. None of what we do would be possible without you. Your kindness and generosity fuel our mission, enabling us to continue transforming thousands of lives around the world every year. Thank you for being a part of this journey that has changed many lives. We are truly grateful.

- The Branson Cares Red Bucket Week raised over \$35,000 the week of Nov. 24 - Dec. 5 for pediatric wheelchairs.
- In Arizona, HHIM has started a collection drive for used wheelchairs, walkers, canes, and crutches.
- Do you have free time and want to make a difference? We are always looking for volunteers to help at one of our shops. Contact Kelly Te Slaa at kteslaa@hopehaven.org or (605) 401-3675.

IN 2023, HHIM DISTRIBUTED 4,686 WHEELCHAIRS, TOTALING 142,000 TO CHILDREN AND ADULTS WITH DISABILITIES GLOBALLY.

- Costa Rica - 644
- Cuba - 220
- Ethiopia - 226
- Ghana - 195
- Guatemala - 467
- Haiti - 50
- Kenya - 760
- Mexico - 967
- Philippines - 200
- Ukraine - 56
- Uganda - 491
- Vietnam - 410



WELLNESS RECOVERY ACTION PLAN (WRAP)

Hope Haven received grant money from Care Connections of Northern Iowa Region to invest in more mental health training for staff and people served. This enabled Hope Haven to send staff to a week-long Wellness Recovery Action Plan (WRAP) facilitator training.

WRAP is an evidence based personalized wellness and mental health recovery approach that was developed in 1997 by people who had been living with a variety of mental health challenges and who were working hard to feel better and get on with their lives. WRAP focuses on five key concepts to recovery - Hope, Personal Responsibility, Education, Self-Advocacy, and Support. WRAP helps people to: 1) decrease and prevent intrusive or troubling feelings and behaviors; 2) increase personal empowerment; 3) improve quality of life; and 4) achieve their own life goals and dreams.

The concepts and objectives of WRAP align well with Hope Haven's Intensive Psychiatric Rehabilitation (IPR) program. IPR is an evidence-based recovery focused program that helps participants make systematic changes in their lives through individual and group sessions.

We partnered with these two programs and began offering WRAP during IPR groups. In June, we started a four week-long WRAP group with our LeMars IPR group. We had eight participants in the group. We received positive feedback from the participants of the group. In December, we started another WRAP group with our Sheldon IPR participants. Our goal is to continue to offer WRAP groups in communities where we are providing IPR services, as well as Home Based Habilitation services and peer support services.



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UPCOMING EVENTS

SIGN UP FOR EMAILS: Scan the QR code to join our email list! We'll only send a few emails a month, with community updates and reminders about upcoming events.



DUELING DUO'S: WE ARE ROLLIN'

The District | Sioux Falls, SD | 8 PM Show

JAN
11

Come enjoy Dueling Pianos featuring Andy and Ryno! This is the perfect event to enjoy some great music requested by the audience, spend a night with your friends, and support Hope Haven!
Purchase tickets: hopehaven.org/events

APR
5

ANNUAL BENEFIT AUCTION: SAVE THE DATE
Te Slaa Trucking | Hull, IA | 5:30 PM Live Auction

DYLAN SCOTT: COUNTRY CONCERT

The District | Sioux Falls, SD | 8 PM Show

MAR
14

Exciting News! Mark your calendars for this fun event for all ages! Curb Records recording country artist Dylan Scott is a triple threat — a powerful vocalist with a deep, unmistakable drawl; an old-soul songwriter with a young spirit; and a family man with a tender heart. The ACM-nominated, multi-Platinum singer has notched three No. 1 singles - My Girl, Nobody, and New Truck, and Top 5 hit - Hooked. Scott is a 2023 ACM nominee in the category, New Male Artist of the Year. Purchase tickets: hopehaven.org/events



HOPE HAVEN MEMORIAL

(As of 12-16-23)

Memorial Gifts to Hope Haven honor the lives of relatives, friends, or associates by enhancing the future for people with disabilities. Such lasting tributes also affirm the donor's love for the Lord and provide a legacy that supports the practical work of God's Kingdom. These gifts will provide for special needs among clients. Hope Haven's "Book of Remembrance" provides an attractive, permanent record of all memorials.

DONOR	IN MEMORY OF	DONOR	IN MEMORY OF	DONOR	IN MEMORY OF
Elmer Burgers	Marvin Sturing	Mr. & Mrs. John Vreugdenhil	Donna Obbink	Mr. & Mrs. Vernon De Jongh	Jennie Keizer
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